



HELP NEEDED

A Generous Class - Stone Soup

We are going to read the story Stone Soup about how a village learned to share. Everyone in the town decided to contribute something from their house to make a big soup. We will listen to the story, and then re-tell it by acting it out and using pretend vegetables.

On Wednesday November 20 I want to make a pot of soup with the children. If each child brings one ingredient, we can repeat the story using actual vegetables and make soup. DO NOT BUY ANYTHING FROM THE STORE. Just check to see if you have anything from the next page.

If you can, we ask that your family donates one or more things from the list. Then, whatever we have, we will make the soup with those materials.

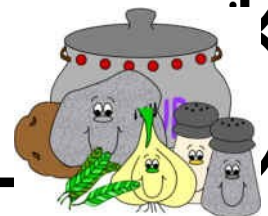
Please send the ingredients in on Wednesday, November 20th in the morning, chopped and ready to go, so I do not have to use a knife in class! We'll start them in the slow cooker at 9:30 Wednesday morning.

So please send the supplies with your child in the morning.

I thank you for your continued support and wish you a

Happy Thanksgiving!

River Eubanks



Ingredients Needed:

- 1 can (8 oz.) Swanson chicken broth
- 1/2 cup olive oil
- 1 cups chopped onions or green onions
- 4 cloves minced garlic (or pre-minced from store is fine - about 1/4 cup)
- Salt (2 1/2 t.) and pepper (2 1/2 t.) - if you send a small shaker set from dollar store we can use it during dinner
- 2 cups of carrots, peeled and/or chopped into rounds- canned carrots are fine
- 2 cups of peeled and/or diced potatoes (or sweet potatoes)
- 2 cans diced tomatoes
- 2 cans of corn
- 2 chopped zucchini
- 4 chopped asparagus (or canned)
- 1 diced yellow peppers
- 1 diced sweet potato
- 3 c. cooked rice
- 1 can green beans
- 1 cans white beans (not raw - canned)
- 5 c. chopped celery (one bunch -it's ok if it's not exactly 5 c.)
- 1/2 c. fresh basil leaves (chopped); or dried basil from spice section
- 1 cup packed, chopped fresh parsley leaves
- 1/4 c. lemon juice (usually in the vegetable section)
- 25 Styrofoam bowls
- 25 spoons and napkins

